

# SCHOOL

**READY FOR ADVENTURE?** 

TREETOP TREKKING

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# BENEFITS FOR TEACHERS

# Benefits of Treetop Trekking's activities for teachers

#### 1. A safe environment

Led by experienced professionals, our activities ensure your students' safety while providing you with peace of mind.

## 2. Hassle-Free organization

We take care of all the logistics, so you can focus on what matters most: enjoying the experience with your students.

# 3. Deepening connections

Our adventures are designed to promote cohesion and team spirit, strengthening the connections between your students and creating a more harmonious classroom environment.

## 4. All the benefits of the outdoors in one activity

Outdoor activities are an excellent way to reduce stress and enhance the physical and mental well-being of your students.

#### 5. Disconnect from screens to reconnect with nature

Our adventures let your students reconnect with nature, exploring and learning in a lively, engaging, and refreshing environment.



LOOKING FOR AN OUTDOOR
SCHOOL TRIP THAT OFFERS
PHYSICAL ACTIVITY, A CHANCE TO
PUSH BOUNDARIES, WELL-BEING,
AND FUN IN A SAFE, PLAYFUL
ENVIRONMENT?



Give your students an epic adventure that sparks their minds and strengthens their bonds, all while reconnecting with nature! Turn school trips into unforgettable experiences with the outdoor activities at our Treetop Trekking and uplå parks. Together, let's inspire young people to explore their potential and reach new heights!





# WHAT ARE THE **BENEFITS OF** THESE ACTIVITIES FOR MY STUDENTS?



# **Education through Outdoor Adventure!**

In addition to fostering a genuine connection with nature, participating in the various activities offered at Treetop Trekking and uplå brings numerous physical, psychological, and social benefits for your students.



- > Promotes physical activity through **fun**
- > Builds their muscle tone
- Helps develop their motor skills
- Supports a good cardiovascular health
- > Helps to reduce the risk of chronic diseases
- Challenges their balance
- Allows them to test their limits
- > The natural environment adds an extra **physical challenge** compared to traditional exercise



# **Psychological**

- > Sparks curiosity
- Helps them conquer their fears
- Helps to reduce anxiety, stress, and depression
- Promotes mental well-being
- > Enhances their problem-solving skills
- > Helps to boost their self-esteem and confidence
- Oxygenates the brain
- > Releases endorphins, bringing a feeling of happiness



- Helps build and strengthen group bonds
- Encourages teamwork
- Provides opportunities to form new **friendships**
- Allows them to share special moments and create unforgettable memories with friends
- Encourages disconnecting from screens
- Gives teachers a unique opportunity to observe children in a setting beyond the classroom



# **ACTIVITIES**

## **Discovery Courses for kids**

Climbing trees is allowed here!

Introduce your little trekkers to a wonderful world of wooden bridges, tightropes, net walkways, mini ziplines, and more — all suspended in the trees.

Offered at 1000 Islands, Barrie, Hamilton, Stouffville.



Learn more

# Zipline & Aerial Game Trek

Challenges to conquer, endless fun to enjoy!

Put your strength and balance to the test while navigating towering trees, jumping from wooden platforms, and gliding across stunning lakes with your family.

Offered at all Treetop Trekking parks.

Learn more



## **Ziptour**

Nature, adventure and flying thrills!

Experience all the exhilaration of ziplining, but with minimal climbing. Soar through breathtaking vistas on our mega-ziplines at Treetop Trekking Brampton, or embark on captivating zip tours at Treetop Trekking 1000 Islands for an unforgettable adventure.

Offered at Treetop Trekking 1000 Islands and Brampton.

Learn more







# **Daytime experiences**

Jump, laugh, repeat!

Jump, bounce, and laugh on the largest outdoor trampoline in North America. Even the little ones are invited to explore a suspended village and have fun on an exclusive trampoline for young adventurers.

Offered at Treetop Trekking Stouffville.

Learn more

Put your sense of direction and creative thinking to the test with this unique, interactive treasure hunt through the forest - armed with only a GPS unit, and clues.

Offered at all parks except Huntsville

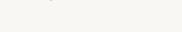
Learn more

Call of the Wild

Burst out of your shell! This team-building experience allows eveyone to develop skills, explore, and connect like never before!

Offered at all Treetop Trekking parks

Learn more



# Treewalk Village

Explore, play, discover!

Step into a colourful, enchanting world of treehouses, winding slides, sturdy rope bridges, and towering hammocks — nestled at the perfect height among the trees to ensure the safety of our young adventurers

Offered at Treetop Trekking 1000 Islands, Hamilton and Stouffville.

Learn more









# Treetop Trekking 1000 Islands

1278 Thousand Islands Pkwy, Mallorytown, On

1000 Islands sits pretty in Ontario's premier waterfront destination – near the banks of the St.Lawrence River. Our park is nestled between Brockville and Gananoque.

#### **Activities Offered:**

- > Treewalk Village no minimum age or height but max 250lbs
- → Discovery Course Ages 5-8 & 45 inches tall, max 250lbs
- > Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- → 1000 Island Ziptour Ages 12+ & 60 inches tall, max 250lbs
- > Team Building Programs Ages 9+
- → GPS Rally Recommended Ages 5+

# Treetop Trekking Barrie

1101 Horseshoe Valley Rd W #1 Barrie, On

Nestled within a stunning hardwood forest and tucked into a serene valley our Barrie park offers the perfect escape, just a short stroll from resort amenities like cozy accommodations, scenic golf courses, and delicious dining options. Whether you're visiting in the vibrant colors of autumn, the lush green of summer, or the tranquil beauty of winter, Barrie is always breathtaking. For a truly unforgettable experience, be sure to plan your adventure in the fall to enjoy the peak of leaf-peeping season

#### **Activities Offered:**

- Discovery for children Ages 5-8 & 45inch tall, max 250lbs
- → Zipline & aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- > Team Building Programs Ages 9+
- → GPS Rally Recommended Ages 5+

# **Treetop Trekking Brampton**

#### Discover a universe of colorful activities!

Located in the natural oasis that is Heart Lake Conservation Area, our Brampton park provides impressive water views and mature forest fun. Be sure to try the Blue Heron twin ziplines that soar across Heart Lake

#### **Activities Offered:**

- > Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- → Blue Herson Zipline Ages 9+ & 55 inches tall, max 250lbs
- > Team Building Programs Ages 9+
- > Sunset Canopy Walk Ages 9+ & 55 inches tall, max 250lbs
- > Red-tailed hawk observation course Ages 9+ & 55 inches tall, max 250lbs
- → GPS Rally Recommended Ages 5+



# Treetop Trekking Ganaraska

# Explore the forest from the treetops to the roots!

Outside the city limits to the heart of Southern Ontario's largest forest. Situated just East of Toronto between Port Hope and Peterborough.

#### **Activities Offered:**

- → Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- > Team Building Programs Ages 9+
- → GPS Rally Recommended Ages 5+

# Treetop Trekking Huntsville

1180 Hightway 60, Huntsville, On

#### Push the boundaries of adventure!

Located in Huntsville 30 mins from Bracebridge,

#### **Activities Offered:**

- > Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- > Treetop Explorers Ages 5-8+
- > Team Building Programs Ages 9+

# Treetop Trekking Hamilton

9 5050 Harrison Rd, Binbrook, ON

# Reach new heights!

Our Hamilton Park overlooks the picturesque Lake Niapenco. Positioned within Binbrook Conservation Area.

#### **Activities Offered:**

- > Treewalk Village no minimum age or height but max 250lbs
- → Discovery Course Ages 5-8 & 45 inches tall, max 250lbs
- > Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- > Team Building Programs Ages 9+
- → GPS Rally Recommended Ages 5+

# Treetop Trekking Stouffville

A short trek from downtown Toronto to our most popular park, tucked away among the mature maples trees of Bruce's Mills Conservation Area.

#### **Activities Offered:**

- Treewalk Village -no minimum age or height but max 250lbs
- Discovery Course Ages 5-8 & 45inches tall, max 250lbs
- > Zipline & Aerial game trek Ages 9+ & 55 inches tall, max 250lbs
- Team Building Programs Ages 9+
- → GPS Rally ages Ages 5+
- → uplå Ages 7+ max 250lbs



LIST OF ACTIVITIES OFFERED BY AGE GROUP



# An unforgettable school trip that brings focus back to what truly matters.

At Treetop Trekking, we provide your students with a memorable experience where every activity is designed to take on challenges and encourage collective growth. Our engaging activities, tailored to your group's age and abilities, inspire students to step out of their comfort zone, build team spirit, and enjoy the benefits of outdoor adventure.

Turn your school trip into a moment of learning and fun with Treetop Trekking!

TREETOP





# High school students

Ages 14 - 17

## Grades 9 | Ages 14-15 years old

Zipline & Aerial Game Trek

GPS Rally

uplå

Call of the Wild

Ziptours

## Grades 10 | Ages 15-16 years old

Zipline & Aerial Game Trek

GPS Rally

uplå

Call of the Wild

Ziptours

## Grades 11 | Ages 16-17 years old

Zipline & Aerial Game Trek

GPS Rally

uplå

Call of the Wild

Ziptours

## Grades 12 | Ages 17-18 years old

Zipline & Aerial Game Trek

GPS Rally

uplå

Call of the Wild

Ziptours

# Post-secondary education

# Ages 17-19 years old and up

Zipline & Aerial Game Trek

GPS Rally

uplå

Call of the Wild

Ziptours

Night Trek



